

Arnold Timmerman has been working around the globe since 2004 facilitating cutting edge personal and professional development programs to groups between 5 & 300 people.

From 2004 till 2011 he was a worldwide trainer and international presenter for The Journey Seminars, working with emotional, mental and physical traumas, blocks and challenges. Additionally, in 2009, as the European Director of Conscious Company, he co-created & presented leadership development programs based on emotional awareness & self-inquiry.

At that same time, individuals and organizations started hiring him as a coach, trainer and keynote speaker, exploring the power and efficiency of concept-free authenticity and Non-Personal Inspiration.

All of these elements found a voice in his book *Leadingship*, which has been released in October 2012 by publishers in the UK, The Netherlands and India. *Leadingship* bridges the gap between personal and professional development, between self-inquiry and leadership assessment. It launches a paradigm breaking perspective on traditional leadership ideas. Its main focus is to make key stakeholders available to sustainable Non-Personal Inspiration rather than staying locked in an idea of personal influence.

Within organizations, *Leadingship* Facilitation has been used to ignite new leadership inspiration and dynamics, to build all-inclusive horizontal dialogue platforms, increase employee engagement, resolve conflict situations, reduce employee absenteeism and to assess & implement culture change.

One of the main *Leadingship* Facilitation instruments is the out-of-the-box *Leadingship* retreat, a short and intensive advanced leadership program in nature - away from the traditional structures, systems, environments and leadership development concepts.

Furthermore, Arnold is the creator of the Coaching Master Clinics, guiding experienced professional coaches, consultants and

therapists beyond skill, method and technique. His book 'Masterhip in Coaching' has been released by a Dutch publisher in June 2014.

And having set up an entire new family life in the mountains of Southern Spain, he and his wife decided to launch The Simply Sumptuous Retreats. These are retreats for individuals and couples, which offer a unique combination of sun-filled relaxation and in-depth Life & Leadership coaching. Their aim is to provide all-inclusive personal & professional support that suits the times we live in.

For a full overview of Arnold's work and experience, please visit his LinkedIn profile

<http://es.linkedin.com/in/arnoldtimmerman>.

When not working, Arnold is enjoying life in the Spanish mountains as a husband, father or leader of his dog pack. Or he is exploring new horizons through paragliding, skiing & snowboarding, climbing, hiking, trail running and scuba-diving.