

Dr. Serge Beddington-Behrens

Dr. Serge Beddington-Behrens, M.A. (Oxon.), Ph.D was educated at Harrow and Christ Church, Oxford. He started out as a stockbroker, before moving into book publishing and running an art gallery in Central London, and then relocating to the U.S. to train as a Transpersonal Psychotherapist, Life Coach and Relationship Consultant. In the 1980's, he co-founded the Institute for the Study of Conscious Evolution in San Francisco.



Serge has been on a Spiritual Path all his life and blends his psychological work with assisting people in their spiritual lives. For the last thirty-five years, he has lectured and taught workshops and spiritual retreats all over Europe, the U.S. and Russia. He has had a spiritual advice column in the magazine Kindred Spirit for many years. His new book entitled 'Awakening the Universal Heart: A Guide for Spiritual Activists,' was published by Umbria Press in late 2013. He currently divides his time between London and Majorca.

To understand Dr Beddington-Behrens' view on Spirituality see : The Challenge of the Spiritual Path, (<http://www.spiritual-activism.com/the-challenge-of-the-spiritual-path-celebration-of-the-quest/> ) which is the transcription of a seminar which he gave on this topic.